

## Život bez bariér – Life without barriers

Is a non-profit, non-governmental organization based in the town of Nová Paka in the Czech Republic.

As expressed by our name *Život bez bariér*, meaning *Life without barriers*, the mission of our organization is to help people with disabilities, people with mental illness, seniors and their families to overcome barriers to live as full life as anyone else.

For this to be reached, we promote equalization of opportunities for people with disabilities within the community including all respective authorities, and provide various social services.

### Contacts:

#### OFFICE

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#### CLOISTER CENTRE

##### Day care centre:

Opolského 165, 509 01 Nová Paka  
Phone: +420 493 523 711  
Cell phone: +420 727 952 639

##### Centre without barriers:

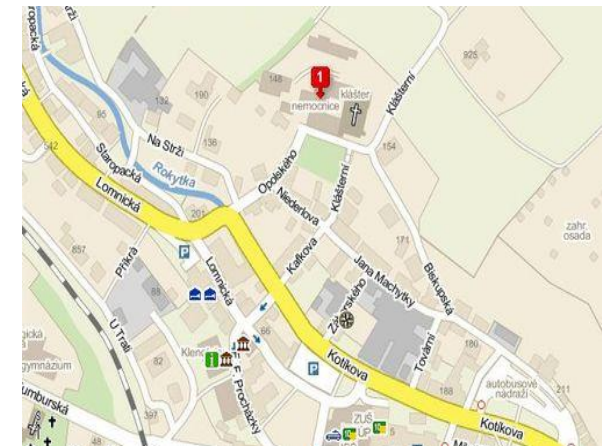
Opolského 148, 509 01 Nová Paka  
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##### Sheltered workshop:

Cell phone: +420 722 730 464

Organization registration number: 266 52 561

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Visit us at: [www.zbb.cz](http://www.zbb.cz)

## 1) Social services

**Social consulting** - Our social counselors help people with handicap, seniors and their family members to navigate complicated situations by provision of necessary information, referrals to follow-up services providers, facilitation of communication with authorities and advices and recommendations on how to tackle arisen problems and issues.

**Social rehabilitation**- The team of our social workers creates a HEALTHY SOCIAL ENVIRONMENT for people with disabilities and temporary handicap, people with mental illness and seniors to learn and practice behaviour in everyday situations thus helping them to restore or form relationships, avoid isolation and achieve independence.



**Day care centre** - is intended for people whose capabilities are limited, particularly in the areas of personal care and household care and who cannot live at home on a daily basis without someone else's assistance. Provided social stimulation and recreational activities improve or maintain physical and cognitive functions of people with disabilities while their caregivers are enabled to work or to have a break from their caregiving responsibilities.



## 2) Sheltered workshop

**Our workshop employs persons with disability**, who would otherwise become excluded from work opportunities. Work in our ceramic and textile workshops enables our employees to acquire job skills and vocational experience necessary for their further work integration. We produce handmade souvenirs, gifts and complementary goods and/or inputs for production companies.



## 3) Completed and on-going projects

- **Nová paka – barrier-free town** – continuous removal of physical indoor and outdoor barriers to free movement of disabled people in cooperation with local authorities, institutions and companies.
- **Exchange of experience and lessons learnt** in the field of integrated approach to disability with partner organizations from Switzerland  
EU – Partnership fond – Program of the **Czech-Swiss** Cooperation



- **Reconstruction of the building designed for Centre without barriers**

EU - Regional Operational Program NUTS II North-East

- **Active without barriers** -cooperation with Związkiem Niewidomich Dzierżoniów -Polish organization that helps blind or partially sighted people

EU - Fond Euroregion Glacensis – Program of the **Czech-Polish** Cross-border Cooperation



- **Injury prevention** – discussions between disabled people and students at Czech schools
- **Community service** – engagement of long-term unemployed and prisoners in maintenance work  
Open Society Fund Prague



## 4) Other activities

- ≈ **Games without borders** – annual sport meeting of people with disability
- ≈ **Performance without Borders** – annual theatre-music festival for people with disability
- ≈ **Education for people with disability** – PC courses, language courses and others
- ≈ **The cloister is alive!** – annual music festival for the general public promoting inclusion of people with disability
- ≈ **Christmas and Easter Craft fairs** – annual events for the general public promoting inclusion of people with disability through sale of products from the sheltered workshop
- ≈ **Craft Workshops for parents with children and schools** – regular event promoting inclusion of people with disability and raising public disability awareness

## 6) Additional services

**Barrier free accommodation, conference and workshop facilities** - **Our Barrier-free centre** comprising multifunctional conference hall up to 50 persons, barrier-free accommodation up to 10 persons in two self-contained flats, an equipped exercise room and both ceramic and textile workshops.

### Our future

**Our main objective** is to increase diversity and capacity of the services and activities we provide to the people with disability and seniors and further promote their social inclusion while increasing public awareness.

**Our specific objective** is to complete the reconstruction of former Paulaner cloister in Nová Paka in order to restore its original function; to serve ill, disabled and senior community members.

*In 2011 the reconstruction of a side agricultural building of the former Paulaner cloister compound was successfully completed and was opened as the Centre without barriers. The project budget was ca. 1 250 000 Euro.*



Investice do vaší budoucnosti  
Spolufinancováno Evropskou unií  
z Evropského fondu pro regionální rozvoj

*The construction of the main Paulaner cloister building has yet to start.*

*The project is prepared and the process of fundraising has started.*

